

# Regular Guy Friday ep. 121: Why Trips ALWAYS Change Us

<https://silosolo.com/367449>

## Summary

The speaker talks about their relationship with Macy's, adding baby clothes and gear to their wish list. They discuss their Friday show and how they relax differently. They mention receiving bad reviews, the popularity of extreme opinions, and the importance of reading good reviews. They also express being tired of seeing pictures of queens on Instagram.

## Silo sample questions

- What is the speaker's relationship with Macy's?
- What has the speaker added to their personal wish list from Macy's?
- Where can people shop at Macy's?
- How do the speaker and the host relax on their Friday show?
- What do the speaker and the host talk about in relation to reviews?

## Topics

Macy's

Friday show

Bad reviews

Popularity of extreme opinions

Reading good reviews

Hot girl summer

Instagram queens

## Key Takeaways

- Macy's is a store that the speaker used to work at and still shops at
- They have added baby clothes and baby gear to their personal wish list
- Macy's has a website called [Macy's.com/healsquad](https://www.macy.com/healsquad) for shopping
- The speaker and the host discuss their Friday show and how they relax and learn differently
- They receive bad reviews and talk about having disclaimers

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